## **OPEN GYM RULES**

Open Gym Monday, Tuesday, Thursday, & Friday (closed payday Friday)

## 5:00 to 6:30 pm Open Gym for children 13 and under - Main floor (must be with parent/guardian) 6:30 to 9:00 pm Open Gym for 14 year olds and over only - Main floor.

Open Gym may be canceled without notice due to special events or user misuse or abuse of the Akalat.

The rules for open gym are subject to change at any time for the health, safety, security, and protection of the people using the gym, school employees, and the Akalat. If the rules are not followed, Open Gym may be cancelled and closed at any time. The Open Gym rules are as follows:

- 1. Participants must wear inside tennis shoes. To protect the gym floor, please do not wear your tennis shoes into the gym change into your gym shoes in the lobby of the Akalat. Street shoes, thongs, boots, slippers, or other kinds of footwear are not allowed on the gym floor. Participants who do not wear tennis shoes will be directed to change their shoes or leave. If they refuse, they will be denied access to the Akalat until they have the proper shoes.
- 2. No food or drinks of any kind on the gym floor.
- 3. No tobacco, chew, drugs, or alcohol are allowed in or near the Akalat.
- 4. No fighting. Anyone involved in a fight will not be allowed to come to Open Gym for one week or longer, as determined by the school. No warnings will be given.
- 5. No sun flowers seeds.
- 6. No kicking balls in the gym.
- 7. No hanging or swinging on the basketball rims or hanging, swinging, pulling, or twisting on the nets.
- 8. No stickers, toys, or anything else on the gym floor that may damage it.
- 9. No playing or running in the lobby, hallway, or bathrooms.
- 10. Keep the Akalat and grounds clean by picking up after yourself and remind others to do so.
- 11. Children 13 and under must be accompanied by and supervised by an adult. Do not drop off your child and leave.
- 12. Stay off of the mats and do not climb on or under the bleachers.
- 13. The Fitness Room is restricted to adults only (18 and older) during Open Gym and users must sign a waiver.

School employees are not responsible for anything lost, damaged or stolen. It is your responsibility to safeguard your property.